



## Teacher's Guide for "Bye Bye Bully"

Dear Teachers:

"Bye Bye Bully" is a 45-minute, K-6 appropriate, theatrical-style assembly program performed by Obediah Thomas. "Bye Bye Bully" was inspired by the book *The Bully, the Bullied, and the Bystander* by Barbara Coloroso.

During the show, Mr. Thomas defines "bully" to the students and demonstrates the different kinds of bullies and bully situations. Obediah shows how many of us play a role in these situations. Most importantly, Obediah suggests simple positive mindsets and actions that a young person might take to deal with a bully situation.



"Bye Bye Bully" isn't merely an entertainment show that has been adapted into an "anti-bully assembly" by adding a couple of messages about bullying. This original production has been carefully written to convey simple, but important messages in a way that will be understood, and instill in students their own insights on how to proactively deal with a bullying situation. Obediah Thomas uses songs, role playing, audience participation, and a few novel surprises to engage students and to make memorable points.

Link to our iTunes song album entitled "Be Terrific", featuring positive songs about kindness, character, and success:  
<https://itunes.apple.com/us/album/be-terrific/id954909754>

We encourage teachers to follow this performance with dialogue in the classroom. Following the show, consider discussing the following questions with your students:

1. What is a bully?
2. What are some examples of what a bully might say?
3. What are some examples of what a bully might do?
4. What kinds of bullies are there?
5. What kinds of things can you do to keep from being bullied?
6. What can you do if you are bullied?
7. What can you do to help if you see someone else being bullied?
8. How would you describe a good friend?



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